



# MAS BBALL CAMP



## PARENT MANUAL

PLEASE READ THROUGH CAREFULLY





Welcome to our camp family! Our entire MAS camp team is looking forward to a great camp of hard work, fun memories and most importantly skill development that will last a lifetime. Please read through this parent manual to gain a better understanding of what to expect at camp. The information provided here is important and we hope you will take the time to read it carefully. Should you have any questions at all, please do not hesitate to contact us. Our phone lines and inboxes are always open.

With warmest wishes for a fantastic camp,

**Michael A. Scott**  
Founder of MAS Basketball Training

## **CAMP DAY ACTIVITY LINEUP**

<b>9:00 - 9:15 AM</b>	<b>Intro for the day</b>
<b>9:15 - 9:45 AM</b>	<b>Warm up Drills (Self Instructed)</b>
<b>9:45 - 10:15 AM</b>	<b>Conditioning / Speed Agility</b>
<b>10:15 - 10:30 AM</b>	<b>Water Break / Free Throws</b>
<b>10:30 - 11:15 PM</b>	<b>Ball Handling</b>
<b>11:15 - 12:00 PM</b>	<b>Shooting Drills</b>
<b>12:00 - 1:00 PM</b>	<b>Lunch Break / Relax</b>
<b>1:00 - 1:45 PM</b>	<b>1-on-1, 2-on-2, 3-on-3</b>
<b>1:45 - 2:00 PM</b>	<b>Water Break / Free Throws</b>
<b>2:00 - 2:45 PM</b>	<b>Games/Relax</b>
<b>2:45 - 3:00 PM</b>	<b>Prep for departure</b>

## **REGISTRATIONS, CANCELATIONS AND REFUNDS**

ALL requests for cancelations via email to [info@masbball.com](mailto:info@masbball.com) or by cancelling your purchased camp day/package via your registration email. If you do not submit, you will be responsible for all fees as space is limited. We will however, always offer a credit towards future training or for the following summer.



## ADDRESS FOR CAMP, ARRIVAL AND PICK UP PROCEDURES

MAS Basketball Training is located at 349 RT 31 South, STE 102, Washington, NJ 07882. Drop-off and pick-up locations will be held at the glass door front entrance of the facility on the bay doors side of the building.

Parents (or the authorized guardian) must check-in and check-out their children 4th grade and younger to camp. For their safety, children are not allowed to be dropped off, or check themselves in or out. If you would like to pick up your child before normal camp dismissal, please inform the camp director, so that we can have your child ready to depart on time.

## WHAT TO PACK

Camp t-shirts must be worn each day at camp. One shirt will be provided for you on the first day of camp. Additional shirts may be purchased from the Director for an additional \$15 each. Campers should dress in comfortable shorts, the official camp t-shirt and sneakers each day.

The following items should be brought to camp each day in a backpack:

- Hat or Cap
- Water Bottle
- Sunscreen (Spray preferred)
- Towel to dry off sweat
- Lunch
- Extra Snacks (Optional, snacks will be sold onsite)
- Extra Shirt, Shoes & Shorts (Optional)



## LUNCH AND SNACKS

Please pack a lunch for your child in a cooler or backpack. We will provide light snacks for purchase onsite and we make trips throughout the day to Dunkin Donuts, so pack extra cash.

Please note that we are a “Nut Aware” camp. We ask that you do not send your child with any food that contains nuts. **PLEASE MAKE SURE TO INFORM US IF YOUR CHILD HAS ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS.**



Bring Cash for our daily Dunkin runs!



## WHAT “NOT” TO PACK

Expensive jewelry, electronic games/music players or items with sentimental value are strictly prohibited. Please note that if you choose to send your child to camp with a cell phone, we will ask that he or she keep the phone in his or her backpack throughout the entire camp day as electronics of any kind are not allowed at camp unless there is an emergency call needed.



## CAMPER EXPECTATIONS “CAMP RULES”

Parents, please discuss the following Camp Rules with your child before the start of the camp season.

### CAMPER RULES:

1. Listen to your counselors at all times.
2. Be courteous with the words you use. Inappropriate language will not be tolerated.
3. Keep your hands and feet to yourself at all times. Physical abuse of any kind (including hitting, kicking, biting, etc.) may lead to immediate dismissal from camp.
4. Be respectful of others’ belongings. Do not take anything that is not yours.
5. Respect your environment by throwing out all trash, and returning equipment to its proper place after use.
6. Always follow the Golden Rule – Treat others as you wish to be treated.
7. Laugh and Smile every day.
8. You are at camp to have a fun, safe and exciting time, make new friends, try new activities, and feel great about yourself.



## DISCIPLINE

Camp is a place for fun, friends, growth and memories. It is not a place for poor behavior. Any behavior that detracts from the positive experience your fellow campers are having may lead to consequences including dismissal from camp. MAS reserves the right to dismiss any camper for inappropriate or unsafe behavior. The camp director will always make an effort to discuss and resolve any issues with a camper with their parent(s) or guardian(s). If a problem persists and cannot be corrected, the decision to dismiss a camper will be made by the camp director in consultation with management. **No refunds** will be given for children who are dismissed from camp.



## THE CAMP STAFF

Your camp staff are some of the finest and caring adults. They are teachers, educators, coaches and college students usually majoring in education or other related fields. All staff members have undergone a thorough hiring process including background and reference checks. They attend orientation with MAS and adhere to our strict code of ethics. Should there ever be an issue with a staff member, please do not hesitate to contact us immediately and we will work to resolve it. Positive feedback is always welcome as well.



## ILLNESS AND EMERGENCY PROCEDURES

If your child wakes up ill, please keep him or her at home for the day. We ask for your consideration for the health of all of our campers and staff. In the event of a minor accident, our staff will administer First Aid and notify you at pick-up. If a child is injured or becomes ill during the camp day, you will be contacted right away. If the illness or injury is significant to the extent that your child can no longer participate in camp activities, you will be notified immediately and asked to pick up your child.

In the unlikely event that an injury or illness requires emergency care, you will be notified immediately. The director will contact 911, and paramedics will transport your child with an accompanying staff member to an emergency care facility. Parents or the designated guardian will be responsible for any medical fees incurred.

We strongly encourage you to administer any regular medication your child takes at home. However, if it is the case that your child must receive a dose of his or her medication during camp hours, please bring the medication in its original labeled container and hand it directly to the camp director. Please complete the Camp General Form, which can be found on our website and list all medical concerns. (The medical section of the form should be completed for any camper who will be carrying an Epi-Pen and/or Inhaler.)

In the case of severe weather, MAS reserves the right to cancel any activities that may endanger our campers.



## COMMUNICATION

Your camp director will share tidbits and anecdotes about your child's day at pick-up time. Should you need more information or have questions about your child's camp experience, please feel free to chat with your camp director at drop-off and/or pick-up time!



## CUSTOMER SERVICE AND QUESTIONS

Our number one goal is to ensure that all of our campers, parents and families' experiences are the best that they can be. We want to exceed all of your expectations and provide you with any help that you need. Please do not hesitate to contact us at your convenience by phone at 908.223.1810 or by email at [info@masbball.com](mailto:info@masbball.com).

# THANK YOU!





**BASKETBALL**  
TRAINING

**GET GEAR**

A row of six orange and white icons representing various pieces of basketball gear: a pair of pants, a beanie, a hoodie, a cap, a pair of shorts, and a t-shirt. A small orange silhouette of a basketball player is positioned between the words 'GET' and 'GEAR'.

— [masbball.com](http://masbball.com) —

349 RT 31 South, Suite 102 | Washington, NJ 07882

